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Armchair Travel: Hotels and Wellness Retreats We Love—Online

Wanderlust, at this point, is officially just a lust—with no promise of an in-the-flesh experience any time soon. But some of our favorite retreats, safaris, spas, and hotels are giving as good a virtual travel experience as it gets, with every sort of program: There are cooking classes from an Italian master and from an Irish slow-food institution; meditations from gurus in upstate New York, the Maldives, and the red rocks of Sedona; safari rides teeming with lions, elephants, and monkeys; piñata-making, drink-mixing, and gorgeous photography in spades. Grab a shaker and learn how to mix that spicy cocktail you think about flying to Utah for, downward dog to the sound of the Uruguayan surf, and (mentally) travel to some of our favorite places on earth—from the comfort of your couch.

Breathe, Stretch, and Get Centered



Vik Retreats

This Chilean vineyard and hotel run by two art enthusiasts devoted to modernism and biodynamic growing methods now extends to three exquisite properties, two of them in Uruguay: [Vina Vik](#) is a Frank Gehry-esque vineyard hideaway in Chile, [Estancia Vik](#) is Uruguay's answer to a dude ranch, and then, in surf-centric Jose Ignacio, there's [Bahia Vik](#). To bring a sense of these stunning properties to former and prospective guests, Isabella Channing—who owns the Shack Yoga in Bahia Vik's wellness center—is leading daily vinyasa classes [live on Instagram](#). The classes are conducted in both Spanish and English, and glimpse outward to the beauty of Uruguay as you draw inward through the practice. The site is also planning online cooking classes with its incredible chef Marcelo Betancourt. Stay tuned.